Ballancer® Platinum

Treatment Guide

CLIENT/PATIENT WANTS TO...	IMPORTANT NOTES	MODE	PRESSURE [MMHG]
RELIEVE 'HEAVY' OR 'TIRED' LEGS AND PAIN IN THE CALVES AND FEET AND ENHANCE LYMPHATIC FLOW	PERFECT AS A SINGLE SESSION OR PART OF A MULTI-SESSION TREATMENT SERIES, 12 SESSIONS RECOMMENDED	**LOWER BODY** LEG RELIEF 'THE RELAXER' 40 MIN	20-45
PRE-OP SETTING: RELEASE TRAPPED FLUIDS BEFORE LIPOSUCTION/PLASTIC SURGERY ENHANCE CIRCULATION	SCHEDULE AT LEAST 3-6 SESSIONS PRE-OP	**SPECIALTY** PRE-OP PREP 30 MIN. PRE-OP PREP 45 MIN. **UPPER BODY** PRE-OP PREP 20 MIN. **LOWER BODY** PRE-OP PREP 40 MIN.	30-45
POST-OP SETTING: RECOVER FROM POST-OP PAIN, REDUCE POST-OP SWELLING/EDEMA, DRAIN EXCESS FLUID, SOFTEN SCAR TISSUE, SPEED-UP FLUSH-OUT OF ANESTHESIA AND SALINE, FLUSH OUT TOXINS, REDUCE BRUISING	SCHEDULE A SERIES OF SESSIONS, IDEALLY EVERY DAY OTHER DAY UNTIL DESIRED RESULTS ARE ACHIEVED. START OUT LIGHT, AT LOW PRESSURE AND SLOWLY INCREASE, DEPENDING ON TIME AFTER SURGERY AND PATIENTS' RECOVERY PROCESS. EXPANDER SETS ARE RECOMMENDED MUST USE 'HYGIENIC LINERS FOR POST-OP', AS CLIENTS MAY STILL DRAIN FLUIDS IN THE BEGINNING	**SPECIALTY (PHASE III)** POST-OP CARE 30 MIN. POST-OP CARE 45 MIN. **UPPER BODY** POST-OP RECOVERY PHASE I 30 MIN. POST-OP RECOVERY PHASE II 30 MIN. **LOWER BODY** POST-OP RECOVERY PHASE I 40 MIN. POST-OP RECOVERY PHASE II 40 MIN.	20-44
BRIDAL PREP / RED CARPET OR WEIGHT-LOSS FAST-TRACK LOOSE WATER WEIGHT REDUCE INCHES FIT IN THE DRESS REDUCE BLOATING	-CELEBRITY SECRET- PLEASE TAKE MEASUREMENTS, YOU WILL SEE RESULTS! INCREASE PRESSURE EVERY 2 WEEKS/ FASTEN ZIPPERS TIGHTER EVERY TWO WEEKS -> PLEASE MAINTAIN REGIMENT OF 4-5 SESSIONS PER WEEK DAILY SESSIONS RECOMMENDED	**UPPER BODY** BRIDAL & RED CARPET PREP 30 MIN. **LOWER BODY** BRIDAL & RED CARPET PREP 40 MIN.	35-50
SKIN-FIX: SOFTER SKIN, GLOWING COMPLEXION, SMOOTHER SKIN, REDUCE THE APPEARANCE OF CELLULITE, DETOX & TONE-UP	EVEN SHORTER TREATMENTS ARE EFFICIENT, BUT MAINTENANCE IS KEY! THIS TREATMENT IS ALSO IDEAL FOR CLIENTS WHO ARE PETITE OR SLIM.	**UPPER BODY** SKIN-FIX & TONE-UP 20 MIN. **LOWER BODY** SKIN-FIX & TONE-UP 30 MIN.	40-65
REDUCE SWELLING AND PAINFUL EDEMA - FLUID RETENTION IN THE BODY (SOFT TO THE TOUCH)	USE GARMENT EXPANDERS IF NECESSARY, THESE CLIENTS MUST DO THE LOWER AND UPPER BODY GARMENTS SUBSEQUENTLY FOR BEST RESULTS. SIGNATURE SESSION: 40 MIN. PANTS & 20 MIN. JACKET	**UPPER BODY** EDEMA RELIEF 30 MIN. **LOWER BODY** EDEMA RELIEF 40 MIN.	40-55

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RELAX & TONE-UP	LOWER OR UPPER BODY GARMENT	**UPPER & LOWER BODY** INCH-LOSS 30 MIN INCH-LOSS 40 MIN	40-60
REDUCE FLUID AND WATER RETENTION IN THE UPPER BODY, LOOSE 'BRA-FAT' OR 'BINGO WINGS'	PLEASE USE THE UPPER BODY GARMENT FREQUENTLY	**UPPER BODY** RELIEVE WATER RETENTION 20 MIN: **LOWER BODY** RELIEVE WATER RETENTION 40 MIN:	35-45
FOR BEST & FASTEST RESULTS AFTER COOLSCULPTING, EMERALD OR OTHER LIPOLYSIS TREATMENTS	SCHEDULE A SERIES OF SESSIONS, IDEALLY 3 SESSIONS PRIOR THE FIRST LIPOLYSIS, AND THEN THE DAY OF OR 24 HRS AFTER. CONTINUE FOR A SERIES OF 12 TREATMENTS WITH 2-4 SESSIONS IN BETWEEN EACH LIPOLYSIS APPOINTMENT	**SPECIALTY** PRE LIPOLYSIS 30 MIN. PRE LIPOLYSIS 45 MIN. POST LIPOLYSIS 30 MIN. POST LIPOLYSIS 45 MIN. **UPPER BODY** POST LIPOLYSIS 30 MIN. **LOWER BODY** POST LIPOLYSIS 40 MIN.	40-50
ATHLETIC RECOVERY - LIGHT WORKOUT, MINIMAL SORENESS	WHEN ACCOMPANIED BY FLUID RETENTION, WEIGHT LOSS GOAL OR SWELLING USE PROGRAM 'PRETHERAPY + INTENSE' FOR 40 MINUTES	**UPPER & LOWER BODY** ATHLETIC RECOVERY "LIGHT WORKOUT" 30MIN	40-65
ATHLETIC RECOVERY - 'WEEKEND WARRIORS'	WHEN ACCOMPANIED BY FLUID RETENTION, WEIGHT LOSS GOAL OR SWELLING USE PROGRAM 'PRETHERAPY + INTENSE' FOR 40 MINUTES	**UPPER & LOWER BODY** ATHLETIC RECOVERY "WEEKEND WARRIOR" 30MIN	50-65
ATHLETIC RECOVERY - PROFESSIONAL ATHLETES OR INDIVIDUALS WITH LOTS OF MUSCULAR ACHES, STRAIN AND SORENESS	WHEN COMBINED WITH EXTREME SORENESS, MUSCLE ACHES, STRAIN USE PROGRAM 'PRETHERAPY + INTENSE' FOR 40 MINUTES	**UPPER & LOWER BODY** ATHLETIC RECOVERY "PROFESSIONALS" 30MIN	60-80

Important:

Please note: With the Ballancer®Pro less is more, lower pressure settings bring the best results!

The Ballancer®Pro hygienic liners must be used during the treatments to ensure cleanliness and longevity of your device & garments.

For best results we recommend the Ballancer®Pro Shapewear and Sleepwear to your patients/clients for their treatment 'off-days'. They enhance circulation and help with fastest results.